

Main menu table with columns for date, day, menu items, ingredients, and energy/nutrient values.

◎日付に○マークのある日は、忘れないで清潔な「はし」を持ってきてください。

◎基準値は、文部科学省から出ている「学校給食摂取基準」をもとにしています。

Table with 5 columns: Energy, Protein, Fat, Salt, and their values for this month's average.

大切なお知らせとお願い

- List of notices and requests regarding menu changes, allergies, and food safety.

- Additional notices regarding food safety and allergen management.



学校給食の目標

- 7 goals for school nutrition, including health, understanding of food, and social skills.

生徒一人一回当たりの学校給食摂取基準

Table showing intake standards for students (12-14 years old) for various nutrients.

- Notes explaining the intake standards and their application.

