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https://www.city.urayasu.lg.jp

City

Population and No. of Households in Urayasu

Population: 169,247 Male: 82.299 Female: 86.948 Households: 82.973 Foreign Residents: 3.982 (As of July 31, 2022)

# What to Do if Disaster Strikes While You're Outside

-- Disaster Prevention Week until September 5 --

#### 1. Avoid unnecessary travel

When a large disaster occurs, there is a high possibility that buses and trains will stop operating, and returning home using public transportation will become difficult. However, if people were to head home on foot all at once, there is the risk of a fire or falling objects from buildings injuring large groups of people. This will also be a hindrance to life-saving and rescue efforts which require prompt actions. First, ensure your own safety, and stay at a safe location nearby such as your workplace or a commercial facility. Then, make sure to obtain information on traffic and damage situation.

### 2. Safety Confirmation

Knowing the safety of family members will allow you to act calmly. If communication to the affected area increases and connection becomes difficult, Disaster Message Dial or Disaster Message Board will be provided. Hands-on experience courses will be scheduled on the 1st and 15th of every month, so please join to learn how to use these tools.

# 3. Resume travel after the situation has calmed down

Once the surrounding situation has calmed down, you may consider walking home. An approximate distance that adults can usually walk home for is up to 20km. If you live further than 20km away, it is advised that you stay at a safe location such as your workplace or a temporary accommodation, and wait until public transpor tation has resumed.

#### Assistance for Those Walking Home

Within the neighboring nine prefectures and cities, certain convenience stores and gas stations have agreed to offer assistance to individuals who will be walking home. In the event of a disaster, these locations will provide access to water, toilets and to the extent possible, road traffic information. These cooperating locations will have a sticker visible, so we recommend that you check them in advance.



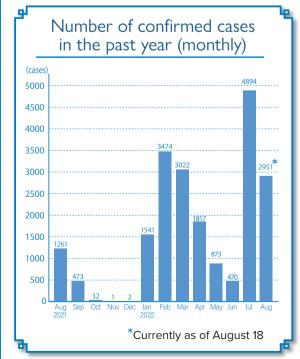


Inquiries: Disaster Prevention Section

# Information Regarding Novel Coronavirus Infection

Please make use of the Chiba Prefecture Novel Coronavirus Testing Kit Distribution/ Registration Center for Positive Cases





Chiba Prefecture has established the "Chiba Prefecture Novel Coronavirus Testing Kit Distribution/ Registration Center for Positive Cases," so that individuals can confirm positive test results without having to visit medical institutions, and still receive necessary medical assistance.

Individuals who have come into close contact with someone who has tested positive, or those who are at lower risk of severe symptoms are able to receive free antigen test kits upon request. Based on the information provided by the individual, a medical doctor will confirm that the individual has tested positive, and then will proceed to create/ submit a medical record.

For more information, please visit the Chiba Prefecture Website:

https://www.pref.chiba.lg.jp/kenfuku/kenkoufukushi/ test\_distribute\_and\_register\_positive.html

Inquiries: Novel Coronavirus Testing Kit Distribution Call Center Tel: 0120-996-016 Registration Center for Positive Cases Call Center **Tel:** 0120-829-125 (Health Promotion Section)

## **Beware of Food Poisoning**

Some seafood may be contaminated with Anisakis parasites, which can cause severe abdominal pain, nausea, and vomiting if they are consumed while the parasites are alive. Please make sure to handle food correctly, and enjoy the meals.





Shape: White translucent threadlike parasite

**Length:** Approximately 20-35mm

#### **Keys to Prevent Food Poisoning**

- After buying fresh fish, make sure to keep it cool while traveling back home. Remove the internal organs while the fish is still fresh, and wash out the belly clean to check if it is free of Anisakis.
- For sashimi, make sure to check carefully and remove any trace of Anisakis when cutting or eating. Be especially careful with red fish or thick sashimi.
- Either freezing at -20°C for at least 24 hours, or cooking at 60°C for at least 1 minute, will kill Anisakis parasites.

#### **Recruiting Entries for** the City Art Exhibition

We are currently looking for artwork to be displayed at a city art exhibition, which will be held at the Citizens Plaza Wave 101 from November 7 (Mon.) to 13 (Sun.).

Call for Entry: Calligraphy, Japanese paintings, Western paintings, crafts and sculptures







**Eligibility:** Those over the age of 16 who reside, work or study in Urayasu city (including those who are active members of clubs, art classes, etc. in the city) or those born in Urayasu City

**Application:** On October 21 (Fri.) from 10:00 a.m. to 8:00 p.m. or on October 22 (Sat.) from 10:00 a.m. to 5:00 p.m., please bring your entry form (distributed at the Lifelong Learning Section, various public halls, Culture Hall, Citizens Plaza Wave 101, or can be downloaded from the Urayasu City homepage) and artwork directly to the Citizens Plaza Wave 101.

**Note:** One entry per person, and the offer is limited to unpublished artworks. Only selected artworks will be exhibited. For details on artwork requirements and other information, please visit the Urayasu City homepage.

**Inquiries:** Lifelong Learning Section **Tel:** 712-6794

#### The 6th Urayasu City **Photo Exhibition**

Date and time: September 3 (Sat.)

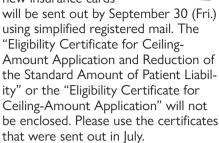




**Location:** Citizens Plaza Wave 101 **Inquiries:** Lifelong Learning Section **Tel:** 712-6794

#### **Renewal of Healthcare Insurance Certificate for** the Latter-stage Elderly

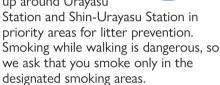
To those enrolled in the Latter-stage Elderly Healthcare System, new insurance cards



**Inquiries:** National Health Insurance & National Pension Section Tel: 712-

#### Please Cooperate in Preventing Littering and **Smoking While Walking**

The city has enacted an ordinance to prohibit littering. Additionally, smoking spaces have been set up around Urayasu



Inquiries: Environmental Health Section **Tel:** 712-6495

#### September 10~16 is Suicide Prevention Week

Suicidal crisis can happen to anyone. Many people may also be feeling anxious and stressed due to the effects of the novel coronavirus infections. If you are having suicidal thoughts, please do not try to cope all by yourself, but have a little courage and ask for help. A list of consultation services can be found on the City homepage and is also available at the Health

**Inquiries:** Health Promotion Section **Tel:** 381-9059

### September 20-26 is **Animal Protection Week**

#### Vaccination for Rabies

Please make sure that your pet is vaccinated against rabies every year. Please visit the City homepage for details on vaccination procedures.

Inquiries: Environmental Health Section **Tel:** 712-6495

#### Microchip Implantation and Information Registration

Microchips are now compulsory for dogs and cats sold by breeders or pet stores. When you become a pet owner by either purchasing or inheriting one, please make sure to register required information.

Registration method: Register through the Japan Veterinary Medical Association Microchip Registration Application System Website (https:// www.aipo.jp/apply/).

Processing fee: 300 yen per applica-

**Inquiries:** Japan Veterinary Medical Association Tel: 03-6384-5320

#### Shin-Urayasu Oto Marché Vol. 18

Date and time: March 7, 2023 (Tue.) 2 p.m. to 3 p.m. (doors open at 1:30 p.m.)

Location: J:COM Urayasu Concert Hall

Eligibility: Elementary school students and older, 300 people on a firstcome, first-served basis

**Performers:** Yasuko Furumi (Piano)

Fee: 2,500 yen (2,300 yen for Concert Hall Tomo-no-Kai members) \*Reserved seating only

**Application:** Starting September 10 (Sat.) 9 a.m., you may apply in person or by phone to J:COM Urayasu Concert Hall Tel: 382-3035, or through the J:COM Urayasu Concert Hall website (https://www.urayasu-concerthall.jp)

Inquiries: J:COM Urayasu Concert Hall (Lifelong Learning Section)

#### Photo Rally Walk

Date and time: September 1 (Thu.) to 20 (Tue.)

**Location:** Various locations within the City

Eligibility: Elementary school students and

older, 50 people on a first-come, firstserved basis \*Elementary school students must be accompanied by a parent or guardian

Program: Walking while taking pictures of specified sights

Fee: 300 yen (150 yen for elementary and junior high school students)

**Application:** Apply directly at the Chuo Martial Arts Gymnasium

Inquiries: Chuo Martial Arts Gymnasium **Tel:** 380-2100 (Sports Section)

# A Stroll with the Mayor

Etsushi Uchida, Mayor of Urayasu City

# **Beware of Photochemical Smog**

The novel coronavirus infections are spreading. Please continue to take thorough preventative measures against the infection.

However, this summer will likely be hotter than previous years, so please take wise precautions against heatstrokes by drinking plenty of water, maintaining appropriate room temperature, and removing your mask in low-risk areas.

In addition to strong sunlight, summer is the season when "photochemical smog" is most likely to generate, and three advisories were issued in 2021 and two so far this year.

Photochemical smog advisories are issued by the prefectural government, but when they are issued for the Katsunan area, which includes Urayasu City, in Urayasu City that generate air pollutants, the City

the City alerts their residents using the City's Disaster Prevention Administrative Radio System broadcast or via important notification e-mails.

When photochemical smog is generated, it can cause health effects including irritation symptoms such as flickering eyes and tearing, respiratory irritation symptoms such as sore or scratchy throats, or difficulty in breathing.

When an advisory is issued, please avoid outdoor activities as much as possible and switch to indoor activities instead. If you feel unwell, wash your eyes and gargle, and if the symptoms are severe, seek medical attention immediately.

Although there aren't many factories and businesses

is easily affected by automobile exhaust emissions from busy roads such as the Metropolitan Expressway Wangan Route, National Route 357, and Yanagidori, which are the main transportation arteries between Chiba Prefecture and Tokyo's city center.

This is why we constantly monitor for substances such as of photochemical oxidants and PM2.5 at two locations, which are the Nekozane Ambient Air Monitoring Station set up by the city, and the Mihama Roadside Air Monitoring Station set up by the prefectural government.

In addition to these air monitoring systems, the city will continue to introduce low-emission vehicles. strive to develop a public transportation network that has a low environmental burden and promote the use of bicycles.

### Recyclable Waste Disposal Schedule

Collection Area	Bottles/Cans/ PET plastic bottles	Newspapers/ Magazines
Nekozane, Kitazakae, Todaijima	Every Tue.	Every Mon.
Horie, Higashino, Fujimi, Maihama, Tekkodori 3-chome	Every Wed.	Every Sat.
Kairaku, Mihama, Irifune, Hinode, Akemi	Every Thu.	Every Mon.
Tomioka, Imagawa, Benten, Takasu, Minato, Tekkodori 1- and 2-chome, Chidori	Every Fri.	Every Sat.

- \* Please put out your garbage between 7 a.m. and 8 a.m. It is against the rules to put it out earlier or later than this designated time as it could become a nuisance in your neighborhood.
- f Bulky items will be collected separately on request by phone. Call the Bulky Items Reception Center 奋 305-4000.
- For inquiries, contact the Garbage-Free Section **7** 712-6467.

# FOREIGN RESIDENTS' ASSISTANCE DESK

Urayasu City provides consultation services concerning daily life such as medical, educational or job-related matters.

HOURS: 10 a.m. - 12 noon, 1 - 4 p.m. weekdays

LANGUAGES: English, French, Chinese, Polish, Russian and Japanese **PHONE NUMBER & LOCATION: 712-6910** 

**Urayasu City Hall Local Activities Promotion Section** 

#### **Foreign Residents Advisory Corner**

Hours: Every Monday to Friday, 9 a.m. to 9 p.m., every Saturday and Sunday, 9 a.m. to 5 p.m.

Languages: English

Phone Number & Location: 306-5181, International Center